

JR FRESNO RELAYS

YOUTH TRACK AND FIELD CHAMPIONSHIP

HOSTED BY
SANGER HIGH SCHOOL TRACK & FIELD PROGRAMS

- DATE: SATURDAY, APRIL 29th, 2023 (9:00AM)
- SITE: DODSON FIELD (WASHINGTON ACADEMIC MIDDLE SCHOOL) SANGER
- ENTRIES: **ENTRIES AUTOMATICALLY QUALIFIED FROM COUNTY FINALS AND FRESNO CITY FINALS**
- ELIGIBILITY: ANY STUDENT IN THE AGES BELOW ATTENDING AN ELEMENTARY/MIDDLE SCHOOL IN CLOVIS/SANGER/SIERRA SCHOOLS IN FRESNO COUNTY AND ANY PRIVATE/CHARTER SCHOOL OR HOME SCHOOLED ATHLETE LOCATED IN THOSE GEOGRAPHIC AREAS.
- DIVISIONS: BANTAM (2013-2014 BIRTH YEAR)
MIDGET (2011-2012 BIRTH YEAR)
JUNIOR (2009-2010 BIRTH YEAR)
INTERMEDIATE (2007-2008 BIRTH YEAR) *High School NOT eligible
- WHY: Part of the Fresno County Youth Meet Series – Meet is in-line qualifier for:
Youth Valley Championship- Saturday, May 6th (Buchanan)
- EVENTS: 100m, 200m, 400m, 800m, 1500m, 3000m, 4X100m Relay, 4X400m Relay, 80m Hurdles (Midget Only), 100m Hurdles (Junior/Intermediate Only), Long Jump, Triple Jump, High Jump, Shot Put, Discus, 350g Turbo Javelin (Bantam Only), 450g Aero Javelin (Midget Only)
Pole Vault (Junior/Intermediate Only)
****Bantam/Midget Triple Jump and Bantam 3000m do not advance past THIS MEET****
- ENTRANCE: **Opens at 7:30am** for All athletes, coaches and spectators Please enter through the North end of the stadium (Off Hoag St.).
- COST(S): **Parking \$5 (Enter off Hoag St.);
Admission \$5 for ALL**
****please inform parents of these costs if they are bringing athlete****
(Schools make checks payable to: Sanger Track Boosters)
- SPIKES: **3/16” Pyramid Spikes ONLY (Must be changed before entering)**
Available for Purchase \$10 per bag of 20
- PROGRAMS: AVAILABLE FOR \$2 AT THE ENTRANCE TO THE STADIUM
- T-SHIRT: COMMEMORATIVE T-SHIRTS ARE AVAILABLE FOR PURCHASE
- FOOD: Full Concession- Tacos, Hamburgers, Hotdogs, Soda, Gatorade, Water, Candy, ****Sno-Cones****, and much more.
- ICE CHESTS: NOT ALLOWED IN STANDS, WALKWAYS, OR STAIRWAYS (Per Fire Marshall Order)
- CANOPIES: ALLOWED ON GRASS AREAS SURROUNDING TRACK AND TOP OF SPECTATOR STANDS

COACHES/PARENTS:

ARE NOT TO BE LOCATED ON THE INSIDE OF TRACK WHILE COMPETITION IS IN PROGRESS

** You may walk younger athletes to field event or clerk area to help them check-in**

Please address any and all concerns you have to meet management, not event officials.

- CLERK: CHECK-IN IS LOCATED AT THE NORTH END OF TRACK (START OF 100 M STRAIGHTAWAY)
- WARMUP: GRASS AREA ON THE NORTH END OF TOM FLORES (FOOTBALL) STADIUM
****NO WARMUPS ON THE TRACK OR INSIDE OF THE TRACK****
****THROWING IMPLEMENTS OF ANY KIND ARE STRICTLY PROHIBITED IN THIS AREA AND SHOULD ONLY BE DONE AT THE EVENT VENUE PRIOR TO SCHEDULED COMPETITION****
- TIMING: FULLY AUTO TIMING (TIMES/PLACES WILL BE VIEWABLE ON 8'X20' DIGITAL DISPLAY)
- RESULTS: LIVE RESULT WILL BE AVAILABLE DURING THE MEET AT www.sangertrack.com
FULL RESULTS POSTED TO ATHLETIC.NET 1 HOUR AFTER CONCLUSION OF FINAL EVENT
- AWARDS: WILL BE PROVIDED PER EVENT FOR EACH DIVISION AND GENDER
- ADVANCING: **TOP 4 FINISHERS PER EVENT** FOR EACH GENDER AND DIVISION ADVANCE TO CENTRAL VALLEY FINALS TO BE HELD MAY, 6th 9AM AT BUCHANAN HIGH SCHOOL
- STAGGERS: 1500/3000- WATERFALL (ALLEY'S MAY BE USED)
800- WATERFALL (ALLY'S MAY BE USED)
4X400 RELAY- 3 TURN (1ST RUNNER IN LANE ENTIRE DISTANCE; 2ND BREAK AFTER BREAK LINE CONES-100M IN)
- BLOCKS: BANTAM/MIDGET DIVISIONS **(MAY USE ONLY IF IT IS APPARENT ATHLETE IS PROFICIENT, MEET MANAGEMENT HAS FINAL SAY, RACES WILL NOT BE HELD TO ADJUST BLOCKS)**
JUNIOR DIVISION OPTIONAL (MAY USE)
INTERMEDIATE DIVISION (MUST USE)
- TRAINER/MEDICAL: NO TRAINING STAFF WILL BE ON SITE, BASIC FIRST-AID WILL/CAN BE ADMINISTERED WITH THE CONSENT OF THE PARENT AND/OR RESPONSIBLE ADULT. ICE, WATER AND SHADE WILL BE AVAILABLE ON SITE. SANGER PARAMEDICS WILL BE CONTACTED IN THE CASE OF ANY MEDICAL EMERGENCY.

IMPORTANT: PLEASE MAKE SURE YOUR ATHLETES HYDRATE THROUGHOUT DAY

THANK YOU AND IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CONTACT ME.

CLAY MANNING
SANGER TRACK AND FIELD
HEAD COACH
MEET DIRECTOR

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