

JR FRESNO RELAYS MEET SCHEDULE 2023

LOCATION: DODSON FIELD TRACK (WASHINGTON ACADEMIC MIDDLE SCHOOL), SANGER, CA (ENTER NORTH SIDE OFF HOAG STREET)

EVENTS may run up to 15 minutes ahead of schedule -----ALL FIELD EVENTS WILL RECEIVE 4 ATTEMPTS (EXCEPT HIGH JUMP/POLE VAULT)

Age Group order for running events (Youngest to Oldest.....Girls First then Boys) - See Below to match birth year with group name

BANTAM (2013-2014)-----MIDGET (2011-2012)-----JUNIOR (2009-2010)-----INTERMEDIATE (2007-2008)

RUNNING EVENTS

| Event | Start Time | Sections | Time Per Heat | NOTES |
|---------|------------|----------|---------------|---|
| 3000 | 9:00 AM | 3 | 0:15 | COMBINE ALL BANTAM-----COMBINE ALL MIDGET-----COMBINE ALL JR/INT |
| HURDLES | 9:45 AM | 6 | 0:04 | ORDER: M-GIRLS.....M-BOYS.....J-GIRLS...INT-GIRLS.....J-BOYS.....INT-BOYS |
| 800 | 10:09 AM | 7 | 0:05 | COMBINE ALL INTERMEDIATE |
| 4 X 100 | 10:44 AM | 7 | 0:05 | COMBINE ALL INTERMEDIATE |
| 100 | 11:19 AM | 8 | 0:02 | |
| 1500 | 11:35 AM | 7 | 0:10 | COMBINE ALL INTERMEDIATE |
| 400 | 12:45 PM | 8 | 0:03 | |
| 200 | 1:09 PM | 8 | 0:02 | |
| 4X400 | 1:25 PM | 6 | 0:10 | COMBINE ALL INTERMEDIATE |
| FINISH | 2:25 PM | 60 | | |

FIELD EVENTS

| START TIME | EVENT | AGE GROUP | LOCATION | NOTES |
|------------|---------------|---------------------------|----------|----------|
| 9:00am | DISCUS | MIDGET GIRLS | SOUTH | 1 KG |
| 10:00am | DISCUS | MIDGET BOYS | SOUTH | 1 KG |
| 11:00am | DISCUS | JUNIOR GIRLS | SOUTH | 1 KG |
| 12:00pm | DISCUS | JUNIOR BOYS | SOUTH | 1 KG |
| 1:00pm | DISCUS | INTERMEDIATE GIRLS | SOUTH | 1 KG |
| 1:00pm | DISCUS | INTERMEDIATE BOYS | SOUTH | 1.6 KG |
| 9:00am | HIGH JUMP | BANTAM GIRLS | WEST | |
| 9:00am | HIGH JUMP | JUNIOR GIRLS | EAST | |
| 10:00am | HIGH JUMP | MIDGET GIRLS | WEST | |
| 10:00am | HIGH JUMP | INTERMEDIATE GIRLS | EAST | |
| 11:00am | HIGH JUMP | BANTAM BOYS | WEST | |
| 11:00am | HIGH JUMP | JUNIOR BOYS | EAST | |
| 12:00pm | HIGH JUMP | MIDGET BOYS | WEST | |
| 12:00pm | HIGH JUMP | INTERMEDIATE BOYS | EAST | |
| 9:00am | LONG JUMP | BANTAM BOYS | SOUTH | |
| 9:45am | LONG JUMP | BANTAM GIRLS | SOUTH | |
| 10:30am | LONG JUMP | MIDGET BOYS | SOUTH | |
| 11:15am | LONG JUMP | MIDGET GIRLS | SOUTH | |
| 12:00pm | LONG JUMP | JUNIOR BOYS | SOUTH | |
| 12:45pm | LONG JUMP | JUNIOR GIRLS | SOUTH | |
| 1:30pm | LONG JUMP | INTERMEDIATE BOYS | SOUTH | |
| 2:00pm | LONG JUMP | INTERMEDIATE GIRLS | SOUTH | |
| 9:00am | SHOT PUT | INTERMEDIATE BOYS | WEST | 10 POUND |
| 9:00am | SHOT PUT | BANTAM BOYS | EAST | 6 POUND |
| 10:00am | SHOT PUT | INTERMEDIATE GIRLS | WEST | 4 KG |
| 10:00am | SHOT PUT | BANTAM GIRLS | EAST | 6 POUND |
| 11:00am | SHOT PUT | JUNIOR BOYS | WEST | 4KG |
| 11:00am | SHOT PUT | MIDGET GIRLS | EAST | 6 POUND |
| 12:00pm | SHOT PUT | JUNIOR GIRLS | WEST | 6 POUND |
| 12:00pm | SHOT PUT | MIDGET BOYS | EAST | 6 POUND |
| 9:00am | TRIPLE JUMP | JUNIOR BOYS | NORTH | |
| 9:30am | TRIPLE JUMP | JUNIOR GIRLS | NORTH | |
| 10:15am | TRIPLE JUMP | INTERMEDIATE BOYS | NORTH | |
| 10:45am | TRIPLE JUMP | INTERMEDIATE GIRLS | NORTH | |
| 11:00am | TRIPLE JUMP | BANTAM BOYS | NORTH | |
| 11:45am | TRIPLE JUMP | BANTAM GIRLS | NORTH | |
| 12:30pm | TRIPLE JUMP | MIDGET BOYS | NORTH | |
| 1:15pm | TRIPLE JUMP | MIDGET GIRLS | NORTH | |
| 9:00am | TURBO JAVELIN | BANTAM GIRLS (300g) | INFIELD | |
| 10:00am | TURBO JAVELIN | BANTAM BOYS (300g) | INFIELD | |
| 11:00am | TURBO JAVELIN | MIDGET BOYS (450g w/fin) | INFIELD | |
| 12:00pm | TURBO JAVELIN | MIDGET GIRLS (450g w/fin) | INFIELD | |



RESULTS ARE "LIVE" AT WWW.SANGERTRACK.COM