

C.I.F. AREA QUALIFYING STANDARDS

BOYS

	HAND	(F.A.T)
110m HH	16.3	16.54
300m IH	41.8	42.04
100m Dash	11.1	11.34
200m Dash	22.7	22.94
400m Dash	52.8	52.94
800m Run	2:03.0	2:03.14
1600m Run	4:39.0	4:39.14
3200m Run	10:09.0	10:09.14
400m Relay	45.2	45.34
1600m Relay	3:36.0	3:36.14
Discus	140'0"	
High Jump	6'0"	
Long Jump	20'6"	
Pole Vault	12'0"	
Shot Put	47'0"	
Triple Jump	42'0"	

GIRLS

	HAND	(F.A.T)
100m LH	17.8	18.04
300m LH	50.0	50.14
100m Dash	13.0	13.24
200m Dash	27.0	27.24
400m Dash	62.8	62.94
800m Run	2:28.0	2:28.14
1600m Run	5:28.0	5:28.14
3200m Run	11:58.0	11:58.14
400m Relay	54.0	54.14
1600m Relay	4:34.0	4:34.14
Discus	95'0"	
High Jump	4'8"	
Long Jump	15'3"	
Pole Vault	8'6"	
Shot Put	31'6"	
Triple Jump	32'0"	

1. **Auto times** that meet the above standards, up to 4.0 mps on wind readings, will qualify to the C.I.F. Area Meet.
2. In field events, wind-aided marks up to 4.0 mps will qualify to the Area meet.
3. Wind gauges **must be used** to make a mark legal for a record or to be listed in the Valley top marks. (Records require a wind reading of 2.0 mps or less.)
4. Hand times may be used only if **three watches** are used to time first place.
5. 1600 relay splits may not be used for 400m qualifying marks.
6. There will be at least 18 athletes and relays per event at the Area meets.

*Note: #1 and #2 are special qualifying rules for the Area meet. Wind legal marks (2.0 mps or less) must be submitted to qualify for all other meets during the season (e.g. West Coast Relays, Reedley Invitational).